

LONSDALE ROAD INITIATED COVID-SUPPORT NETWORK

Over the next few weeks, even months, many of us will be confined to home – either social distancing because we are at higher risk of COVID-19 because of age or an underlying health condition, or self-isolating because we may have been exposed to someone with symptoms.

We would like to create a network to provide practical support to people who don't have friends or family locally to rely on – to help with grocery shopping and essential errands; providing hot meals for those who may be experiencing mild illness at home; regular check-in by telephone to make sure everything is OK.

We would, therefore, like to identify which neighbours might need help, and which ones might be able to provide assistance. All you need to do is 'opt-in' so that we can create a "buddy system" matching up those who might need help with those who are willing to help. In this way important information can be shared. If a "buddy" becomes ill themselves, we can find someone else to pitch in.

If you would like to join in with this neighbourhood support network, please provide the necessary information below, or drop by to talk to one of us. Your personal information will be kept in a password protected file and will only be shared between buddy pairs.

I might need help:

Name.

Address

Email address

Telephone number:

How would you like to be contacted in the future? (email/phone/in-person)

Who else lives in your house? (If you don't want to supply names, ages are fine).

Tick this box if you are happy to have this information kept in a database and shared with a "buddy."

I am able to help:

Name

Address

Email address

Telephone number

How would you like to be contacted in the future? (email/phone/in-person)

Do you have any particular skills or anything else you can bring to the network?

Tick this box if you are happy to have this information kept in a database and shared with a "buddy."

Please drop in / email / telephone your completed form to:

Kara Hanson, 8 Lonsdale Road, 01865 516544, karaghanson@gmail.com

or

Gavin Knight, 33 Lonsdale Road, 07833 251939 vicar@stmichaels-summertown.org.uk